

The Top 3 Early Relationship Killers and How to Avoid Them

Relationships in their beginning stages are fragile things. They can easily be doused by silly mistakes but if you know how to avoid these relationship killers you stand a chance of cultivating a healthy and satisfying relationship.

Too much of a good thing is not a good thing. When you first meet someone that you like, it is normal to think about them all the time. Of course you want to be with them whenever you can and call them when you can't be with them, but too much togetherness early on can kill a relationship.

Hang out together too much at the beginning causes you to run the risk of getting tired of each other before you have the chance to really get to know each other. The last thing you want to do is have the person you are dating regret making plans with you or feel that you are getting boring. A little mystery in a relationship is a good thing and it is hard to maintain that mystery if you are hanging out together 24 hours a day.

If you want to avoid getting tired of each other, limit your availability early in the relationship. Spend time with your friends and family and make sure you aren't neglecting yourself. It is ok to have time apart from each other spent with people that have no connection to the person you are dating. It is healthy to have interests outside your budding relationship and when you do spend time together it is exciting to have interesting things to talk about.

When you cling, you suffocate. When you are first dating someone, you think about them a lot and it is very tempting to want to know their every move, but giving into that temptation can kill a relationship. A couple is made up of two individuals that are melding their lives together. When one person in the twosome is insecure or needs to be with the other, they run the risk of making the person they are with feel like they are losing their individuality in the relationship. You have to let the person you are with have their friends, their hobbies, and their individual interests, just as you need to have your own interests outside the relationship.

When you cling to the person you are dating, you show that you are insecure and for many people that is a turn off. Needy behavior might send a signal that you aren't ready to be in a stable relationship and that signal can throw a wrench in the whole romance.

Jealousy isn't pretty. There is nothing worse than being with someone that is jealous. If one partner in a relationship struggles with jealousy it shows that they really don't trust the person that they are with and that is a big problem in any relationship. Whether you are jealous of the time your partner spends at work or with friends and family, or you are jealous of the attention that the opposite sex shows to the person you are with, you need

to get a handle on your jealousy or your relationship has little or no chance of working out.

Jealousy comes between two people in away that few tangible things can. The worst part about jealousy is most of the time it is unfounded and that makes it doubly sad when it shatters a relationship. If you struggle with jealousy, you need to ask yourself if you have a legitimate reason to be jealous and if you realize that you don't, you need to take steps to lose your jealousy and make sure the person you are with understands that you trust them completely.

Relationships often go through rocky times in their early stages. If you can get a handle on these three early relationship killers, you stand a chance of making it through the rough patches that end so many budding romances.

Life Application

1. Make plans to spend time with friends and family during the early stages of your relationship. This can keep them from feeling left out of your life as you enter this new relationship phase and keep you from the danger of suffocating your relationship.
2. Find a friend that you trust to keep you accountable if you tend to be a jealous person. Make sure that this person is not afraid to tell you when you are acting jealous.