

### **3 Signs that You have Found Your Soul Mate**

Most people have a dream of finding their soul mate. A soul mate is that person that completes you. The person that makes you feel whole, when you never even knew that something was missing. We all want to be with a person that accepts us, encourages us, and makes us feel as though we matter. The key to being with that person is learning to be that person for someone else.

If you are in a relationship and wondering if the person you are with is the person you should spend the rest of your life with, ask yourself these three simple questions and perhaps you will find out if you are with your soul mate.

- 1. Do you want to be with this person because you think you can make them happy?** A lot of people say that they are with their significant other, because their significant other makes them happy, but if you want to find out if the person you are with is your soul mate, you have to turn your thinking around. If you want to be with the person you are with because you think that you can make them happy, you understand what a relationship takes and you may have found your soul mate. Happiness is circumstantial. People change and if you rely on them to make you happy, you will face bouts of sadness in your life. If you make an effort to find happiness by providing happiness to the people around you, you won't be disappointed. When you find your soul mate, you will know, because you will want to make them happy for the long run.
- 2. Does the person you are with make you want to be a better person?** When you find your soul mate, one indication will be that you want to be a better person when you are around him or her. A soul mate should bring out the best in you, so whether you have higher standards for yourself when you are with this person or find yourself desiring to set higher goals, you are with a person you can spend the rest of your life with. A soul mate sees more than just who you are. They see your potential and then strive to help you become the person they already see. Ask your friends and family if they think that the person you are with is helping you to be a better person. The people in your life that know you and love you are the people you should trust to tell you if the person you are with is truly good for you.
- 3. Do you have things in common that will stand the test of time?** Relationships contain a lot of ups and downs and sometimes as people grow older, they change. This means that the way someone faces one of life's downs in the first year of a relationship might be different than how they face a down ten years into a relationship. As people change, they often grow apart, but soul mates grow together, because they

have a special bond that time can't destroy. Beauty and attraction fade over time, but character and personality can grow stronger with each year. You know you are with your soul mate, when you have so many things in common that you will still find each other interesting after fifty years of eating at the same table and sharing a bathroom.

Finding that special someone that makes you feel complete isn't always easy, but if you know who you are and what you are looking for, you are that much closer to finding your perfect match. While you are waiting for your soul mate to arrive, take the time to cultivate the kind of character that your soul mate deserves. Be the type of person you are looking for and you will be surprised at how much easier it is for your soul mate to find you.