

What are the Men Thinking?

Being a matchmaker has us witness some awkward moments with our lady members. Quite a number of women clients have asked us why a particular match did not "open up" to them during the date or did not even call after the date. Some were clearly frustrated that nothing developed with some of the men we have introduced to them.

After collecting thousands of feedbacks and doing much of research on the matter, the trend for attraction, the way men think and how to keep men interested was obvious.

The problem is that many women do not have the vaguest idea on what goes on inside a man's mind. The sooner women accept and understand that men behave, think and communicate very differently from women, the further she will be on her journey to find happiness with men.

One of the complaints in many of the dates we arranged was how the man was secretive and refused to open up to them. Some women would ask emotionally inquisitive questions and are disappointed when the response was so guarded. They then deduce that the guy was not suitable as they are looking for someone whom they could connect with and share their emotions with etc.

What they do not realize is that men react differently when it comes to communicating emotions. Generally unlike women, men are brought up to think that revealing emotions to others is a weakness and hence not a macho thing to do. They would be teased in school and by their peers if they behave too emotionally. This is in contrast to women who were brought up in a society that views it acceptable for them to be open with their emotions.

To expect a man to get in touch with his inner feelings and open up emotionally on a first meeting with someone when he has spent much of his life withholding his emotions is like expecting water to flow upwards from the sea to the mountains. Most men are simply not as open as women when it comes to communicating their feelings and emotions.

Ironically in an exercise where a group of husbands were taught and made to open up all their emotional vulnerabilities and insecurities at every chance to their wives (which was what the wives requested), the wives came back soon after to ask for the exercise to be stopped! They want their "old" husbands back! They could not deal with new emotional person in the house and also they wanted their man strong and masculine rather than whining all the time. It was killing their attraction to their man.

Hence for meaningful relationships to develop, it is better for women to change their perspective of how men think and accept it rather than fight it. It takes time to make a man comfortable enough to truly open up

emotionally to you and in the end of the day, a lot effective than to demanding for it on the immediately.